

## FROM THE HORSE'S MOUTH – August 2022. Edition No 92.



Hello. I hope you are OK and still thinking of those poor people in Ukraine who have done nothing wrong except exist.

If you want to get involved with this magazine in any way, please contact us (in a non-homophobic/racist and non-sexist way) at: [dean@fthm.org.uk](mailto:dean@fthm.org.uk)  
Dean.

At the moment we are running a short story competition with the theme being **Summer**. There is a prize of £100 for the best adult story – 2,000 words or less and a £50 prize for the best under 16s story. Both winners will appear in an edition of the magazine and entries must be emailed to: [dean@fthm.org.uk](mailto:dean@fthm.org.uk) by midnight (GMT) on the 30<sup>th</sup> of September 2022.

Please note that our website address is: [www.fromthehorsesmouth.org.uk](http://www.fromthehorsesmouth.org.uk)

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## MY NOT VERY SERIOUS STARS



### **Scorpio 24 Oct -22 Nov**

A good time to be more generous to yourself as you seem to spend all of your life giving to others – and do they appreciate it? This month an alien may make contact with you, so do take this opportunity to represent the rest of us well i.e., try not to come across as the fool you really are. Your efforts to stop biting your nails may have failed but don't take this to heart.

### **Sagittarius 23 Nov – 21 Dec**

A lovely transsexual person may turn to you when their first choice rejects them – but will your pride prevent you from getting involved? Now is the time to stop feeling sorry for yourself, and instead, appreciate all the good things in your life. A job you dread doing will seem more palatable if you approach it from a different angle – negativity breeds negativity.

### **Capricorn 22 Dec – 20 Jan**

You may have been under a cloud of depression recently, but the winds of change will, happily, blow it away and leave you thinking things are not that bad after all. A bald-headed friend may need your help after experiencing a hair-raising experience that shatters all their dreams. Prepare correctly for an upcoming job interview and be as positive as you can be.

### **Aquarius 21 Jan – 19 Feb**

A loved one will pass away shortly, but try not to feel so bad as they really loved you and would only want happiness for you. Today, a new and vibrant person will stray into your path and inspire you to do something you have wanted to do for a long time but have been afraid to do so. Poor people may be getting poorer, but happily, a small windfall will help you a lot.

### **Pisces 20 Feb – 20 Mar**

It is now time that you realised that some people are just 'takers' and will drain your resources as long as you allow them to – wise up. Someone with a flatulence problem will soon show that there is more to them than foul wind and will actually help you achieve a new level of happiness. Be true to yourself and follow your passion for crossdressing. Chew more.

### **Aries 21 Mar – 20 Apr**

A trip to the dentist is long overdue so now you must bite the bullet and go through any pain to look after your precious teeth. You are still consuming far too much junk food and need to overhaul your diet if you are to live a long, healthy life. A young, pretty Japanese woman will smile at you on the train and make you realise that we should all live in the present moment.

### **Taurus 21 Apr – 21 May**

Today, a young man sporting red spectacles will come into your life and show you clearly that a glass is only ever really half full. Your bad breath is still a problem and needs to be remedied if you are ever to enjoy another kiss with a human being. Also, although you can't be described as a smelly individual, it might be an idea to work on your personal hygiene.

### **Gemini 22 May – 21 Jun**

This month, you may come across a portal to another dimension but are you mentally in the right place to enter to deal with the unknown? The man you know who used to eat dog biscuits will reappear in your life with a smile on his face and a fine bushy tail. Something is about to also happen to you that will blow your mind and make you question existentialism.

### **Cancer 22 Jun – 23 Jul**

Someone who was very ill with Covid will shock you by how much they have recovered and inspire you to try harder in life. Freedom of speech is arguably an illusion so be careful who is listening in on your private conversations, otherwise, you may lose out on valuable work. Your clock is always ticking so take strides to squeeze harmless fun out of any situation.

### **Leo 24 Jul – 23 Aug**

Gunpowder may have been invented in China, but the emotional explosions you are about to experience will blow off your socks and must be accompanied by a nice cup of tea. A poor lady, who has never had much money but has always kept her and her children decent and honest, will ask you for help but will you oblige – do you have heart? Start jogging.

### **Virgo 24 Aug – 23 Sep**

You will experience some hot weather this month, but don't let a negative person rain on your parade and dampen your spirits. An email will arrive which will potentially open up new doors for you, but tread with caution as nothing of value usually comes easy. Love may soon come your way but expect a very bumpy ride – it will be worth it in the end. Visit a doctor.

### **Libra 24 Sep – 23 Oct**

You're spending far too much time dwelling on the inevitable, but it is the time to use the creative energy you have to make something that lasts and is beautiful. A friend who is always bragging about their physical assets will get their come-uppance this month - will you be there for them when they turn to you in their hour of need? Be nice to the old gay man.

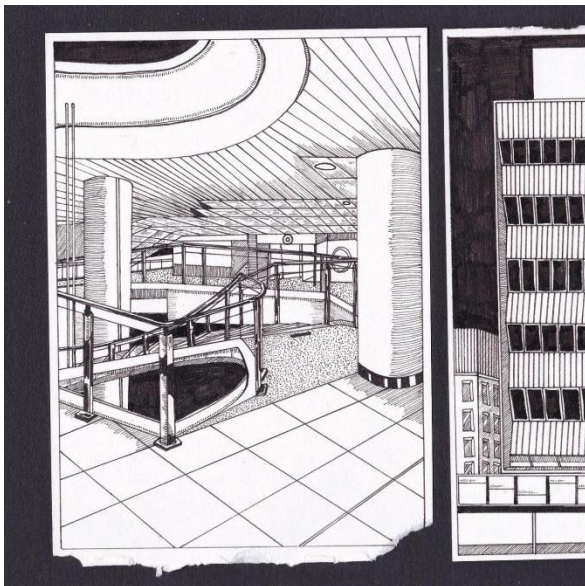
## HANNAH COBB TALKS ABOUT HER MUSIC AND ART



Hannah, I've not seen you for ages, what have you been up to? Hi Dean! I've been quite busy to be honest, since I last saw you, I've finished uni, written a lot of music and made a lot of art, and am now touring as a session musician as well as working on my own stuff too. I've also been reading quite a bit and going on walks when I can!

Did you start and complete your Fine Arts degree? I did yes, I started at Manchester School of Art in 2018 and completed it last year. It was a bit difficult what with the pandemic - I had to do half of the degree from home which was quite difficult but I made it in the end.

Are you still in a band? And, if so, do you still perform on a regular basis? Do you still want to be a rock star?! I am yes! I'm in two bands actually, one is called DEK and that's my own stuff. We were on tour at the start of the year around the UK with a band called the KVB which was really fun, and now we're just working on writing and recording new material. The other band I'm in is a Yorkshire native band called Working Men's Club and I'm playing synth in that at the moment, which I'm really enjoying. We're travelling all over the place this year (Europe, UK, USA) and have just released a second album. I count myself very lucky to be able to do this and make a living out of doing something I love!

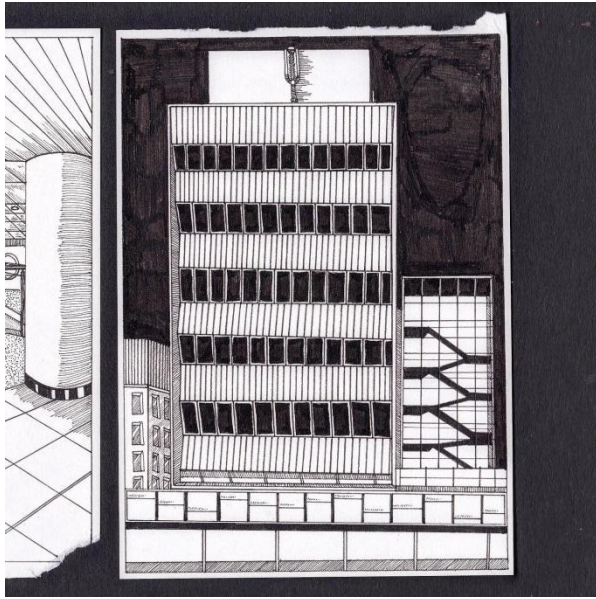


Do you still create original art? And, if so, do you sell any of it? I do yes, I really like to do this in my down time. I'm still doing some illustration and design work, some of which I did for From The Horse's Mouth after you kindly asked me to work on some promotional posters. I'm also working on some digital sound/visual work at the minute which I hope to integrate into my own music stuff at some point soon when I'm not as busy. In terms of selling it, I tend to do more commission-based things, generally for bands' album cover designs/videos.

How do you manage to support yourself? Up until recently I've been working at

Manchester Art Gallery in the galleries and in the cafe on a part time basis. At the end of last year, I was working quite a few jobs to support myself alongside my creative endeavours, including student support work which I really enjoyed, and art tutoring with vulnerable groups in Manchester. I'm in a very fortunate position at the moment where I can live off the session musician work as we're doing quite a lot of touring, so I can't complain at all!





If you have any spare time, how do you spend it? I like to draw, read, watch films, cook nice food with my boyfriend, see my friends, get out on my bike and go for walks with my family! – I've included two drawings that I have done of buildings in Manchester.

**How did you find Lock-down?** It was very up and down, which I'm sure can be said for a lot of people. I was lucky enough to be sharing a flat with my best friend so we had each other to get through some of the more challenging times. I was finishing my degree so I had things to be getting on with. Mostly I just tried to get out for walks and cook nice food and appreciate the little things.

**Do you think you have changed in any way since I last interviewed you?** I think I might be a bit more settled and self-assured, which definitely comes with age I've found!

**Have you recently visited any interesting places?** I have, I went to Texas in March to play a festival which was a great experience - I'd never been to America before so it was great to finally go there and have a bit of time to explore Austin when we weren't playing. It was really vibrant and like nowhere I've ever been! I've also just got back from Lisbon in Portugal where we were playing a festival. That was lovely, although we didn't get to spend a lot of time in the centre. I had a really good meal of freshly caught salmon and ate it in the sun. It was very hot!

**What are your hopes for the next few years?** I'm quite happy with how things are going right now, so I'm hoping this continues! In terms of making plans, I'd like to focus more on my own music and go somewhere with that, with a scope to maybe doing a Masters abroad at some point. A few years ago, I'd never have thought I'd be doing what I'm doing now so I've realised you never know what's around the corner.

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## GRAHAM TOWNSEND'S MONTHLY QUIZ

### Questions:



- (1) Which team won the 2022 NBA play-offs?
- (2) Camber Sands is the only sand dune system in which English county?
- (3) What is the official currency of Turkey?
- (4) Which former Japanese Prime Minister died in July 2022 after being shot?
- (5) Who wrote "Invisible Man" published in 1952? (Not "The Invisible Man" by H G Wells)

- (6) The NASA space telescope launched on 25<sup>th</sup> December 2021 is named after whom?
- (7) Who did The Quarrymen become in the early 1960s?
- (8) Which element has the chemical symbol Mn?
- (9) Who painted “The Night Watch”?
- (10) Which is the largest of the Great Lakes of North America?
- (11) What nationality is tennis player Alize Cornet?
- (12) Something described as musciform has a specific resemblance to which insect?
- (13) Who invented and built the first steam locomotive?
- (14) What kind of meat comes with the heading “pollo” in an Italian restaurant?
- (15) Who succeeded Eisenhower as US president in 1961?
- (16) What nationality is singer Natalie Imbruglia?
- (17) What does a pyrophobe fear?
- (18) What name is given to an Inuit shelter?
- (19) What is the capital and largest city of Arkansas?
- (20) Who directed the 2000 movie “The Beach”?

### Answers

- (1) Golden State Warriors (2) East Sussex (3) Lira (4) Shinzo Abe (5) Ralph Ellison (6) James Webb (7) The Beatles (8) Manganese (9) Rembrandt (10) Lake Superior (11) French (12) Fly (13) Richard Trevithick (14) Chicken (15) John F Kennedy (16) Australian (17) Fire (18) Igloo (19) Little Rock (20) Danny Boyle

## BRADFORD



Bradford is a wonderful multi-cultural city in the north of England and, in 2011, had a population of 349,561; its name derives from the Old English Brad and Ford and in 1086 it was recorded as “Bradeford”. Over the years, there has been a big influx of immigrants particularly from Ireland and South Asia and it is living proof that a melting pot of different nationalities can live and work harmoniously together.

The history of the city is a colourful one with it starting out as an Anglo-Saxon settlement and going on to be an international centre of textile manufacture (particularly wool) in the 19<sup>th</sup> century. After an uprising in 1070, the manor of Bradford became part of the Honour of Pontefract, and was awarded to Ilbert de Lacy for his loyalty to William the Conqueror and whose family controlled it until 1311. Eventually, the manor passed to the Earl of Lincoln and then into private ownership in 1620.

By the Middle Ages, Bradford had become a small town and significantly, a soke mill where all the manor’s corn was milled was established with a market resulting in 1316. But it was during the Industrial Revolution that Bradford became a prominent economic power as it reached the status of “wool capital of the world” – with nicknames like “woolopolis”. It was

ideally located to be a big player in the Industrial Revolution with easy access to coal, iron ore and soft water. This led to an increase in the population and more inward investment.

At the beginning of the Industrial Revolution, Bradford was a rural market town with wool spinning and cloth weaving being carried out in small farms and cottages. Following the establishment of blast furnaces at Low Moor in 1788, it was possible to work iron for hook piston rods for locomotives, shackles and mining appliances like colliery cages. There were 46 mines within the boundary of Bradford with coal and iron production peaking in 1868. In 1841, the population of the town had risen to 34,560 and, by 1850, the population was around 182,000!

The town grew as people came to fill jobs in the textile mills and, in 1833, a young man called Titus Salt took over the running of his father's woollen business. But Salt had a social conscience and was aware of his workers' poor conditions, with the result that he began to build the Worker's Village in 1850, in Saltaire. Another like-minded industrialist, Henry Ripley, built his Model Village of Ripley Ville in East Bowling, near to his part-owned dyeworks. Unfortunately, Samuel Lister and his brother who had a worsted spinners and manufacturers did not share their altruistic philosophy and consequently trade unions became necessary to combat their overt capitalism.

Although Bradford was booming (it received its charter as a city in 1897) it had a reputation of being the most polluted town in England, with 200 factory chimneys spewing out black, sulphurous smoke into the atmosphere. There were outbreaks of cholera and typhoid resulting in high infant mortality and a very low life expectancy of just over 18 years.

Immigration has played a huge role in the development of Bradford with Jewish merchants coming to the city in the 1820s and 1830s e.g., Charles Semon (1814-1877) who was a textile merchant and philanthropist and who went on to become Mayor of Bradford in 1864. Today, immigration experienced by Bradford, is reflected by the fact that there are various churches, mosques, gurudwaras and synagogues strewn about the city.

With the development of textile mills, a large manufacturing base also grew up in order to provide technical support, which led to a healthy diversification of different industries flourishing side by side. Interestingly, in the early part of the 20<sup>th</sup> century, Jowett Motor Company manufactured cars and vans for over 50 years. Also, motorcycles and light vans were produced by the Scott Motorcycle Company until 1978.

In fact, Bradford experienced deindustrialisation of its textile sector and industrial base from the mid-20<sup>th</sup> century and has consequently, experienced unemployment, poverty and even social unrest. Now the economy of the city is composed of financial services and, to a lesser degree, manufacturing industries, and has also become a tourist destination – it became the first UNESCO City of film and boasts attractions like the National Science and Media Museum and the Alhambra Theatre. It has also recently become the UK City of Culture for 2025!

Notably, the Independent Labour Party was founded in Bradford in 1893, and in 1899, Wm Morrison initiated his supermarket empire in the city.

Since the end of the Second World War, there has been an influx of people from countries like Poland and Ukraine, and then since the 1950s, from Bangladesh, India and, especially Pakistan, with people coming to the UK in search of a better and more comfortable life.

In more modern times, Bradford has become the UK headquarters for companies like Santander, and for Yorkshire Water, Seabrook Potato Crisps and Yorkshire Building Society which opened its headquarters in the city in 1992. So, things look good for the city as it has the fastest growing population outside of London which is composed of 67.44% White. 26.83% Asian and many black, mixed race, and people from other nationalities.

If you think you would like to spend some time in the vibrant city that is Bradford, and are prone to a dose of retail therapy, there is a plethora of shops and retail locations like the Broadway shopping facility, Kirkgate Shopping Centre, Forster Square Shopping Centre and the underground retail complex Sunbridge Wells.

If you are one of those people who appreciate architecture you might like to view Bradford Cathedral and Bolling Hall which date from the Middle Ages. Alternatively, you could take in the nice Victorian buildings that are dotted around the city, and in particular, in Little Germany. There are also several Victorian cemeteries of note. Unfortunately, many fine buildings were lost to developers in the 60s and 70s, but there are still buildings worth seeing like St George's Hall which is a concert hall that dates back to 1853, and of course, the Alhambra Theatre which was refurbished in 1986.

If you like to take a stroll, you could go to any of the city's many parks and gardens and also attend the Bradford Carnival in Bowling Park and/or the Mela which is held in Bradford City Park.

Music has played an enormous part in Bradford's cultural life with bands like New Model Army, Smokie, The Cult and Fun-Da-Mental coming from the city. Gareth Gates and Zayn Malik also come from the city. It is perhaps interesting to note that Kiki Dee comes from Bradford and was the first White British artist to be signed by Motown!

If you fancy taking in some high-class sport during your visit, then why not go and watch Bradford Bulls (Rugby League), Wibsey RFC, Bradford City Football Club or Bradford Park Avenue? Bradford also produced the World Snooker Champion (1986) Joe Johnson.

Maybe, you're more interested in arguably more cultural pursuits like visiting the National Science and Media Museum, one of the city's theatres or witnessing the work of professional theatre companies like Komedy Kollektive or Lost Dog – it is also worth mentioning Mind the Gap which works with a mixture of able-bodied and disabled people. The city also has a strong connection with Bollywood and is known as the UK capital for curry!

Like elsewhere in Britain, cinemas have largely been replaced by huge entertainment complexes that possess multi-screens like The Leisure Exchange in the centre of Bradford. But there is good nightlife in the city in areas like Manningham Lane and Manor Row and there are now themed bars on North Parade – in fact, you are spoilt for choice if you are looking for entertainment.

As already touched upon, there are some interesting museums and art galleries to visit in Bradford such as Bradford Industrial Museum, Bolling Hall Museum and Bradford Art Gallery which is situated in Cartwright Hall in Lister Park.



If you are thinking of coming to Bradford to study, the university is excellent offering many subjects including Peace Studies that was founded in 1973 with Quaker support. There is also Bradford College which provides further and higher educational courses.

Logistically, Bradford is easy to access by road, rail or air – Leeds Bradford Airport is only 6 miles to the north east of the city. So why not visit the UK City of Culture 2025!

\* With a lot of help from Wikipedia

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## JUNE'S WORLD



Hello everyone. I hope you are all well. The weather has certainly been a mixed bag these last few days here in Kippax with rain showers and wind and paper and leaves flying about. But it could be a lot worse as it could be foggy or snowing – it's been known to snow in the UK in June.

Today Monday, was our weekly visit to the town of Selby, it was very busy and we

enjoyed walking in the park and the flowers in bloom looked lovely especially going into Selby.

On Wednesday, we decided to go to Bridlington which is another place that me and my husband love to visit. When we left home, it was pouring with rain and as we were talking, we missed the turn off for Bridlington and so decided to go to Scarborough instead! After we'd travelled for a few miles, we came to a place called Rillington, and as we were both hungry, we decided to call into the first pub we came to which was called 'The Fleece'. We entered at about one o'clock and there was only one other couple in the room. The waitress came across with a menu and gave us a few minutes to decide what we wanted to order. Then about 20 – 30 minutes later, she brought us two curries (we don't eat curry often so we thought it would be a change) and they were beautifully cooked and tasted exquisite. It was quite an expensive meal but worth every penny. We expressed our appreciation to the chef and she was pleased.

Today Thursday, the weather is really nice so we thought we would sit out in the garden and read but as a cold wind soon got up, we changed our mind and read indoors instead.

At the moment, our car is in for repair and there is a bus strike on which started about two weeks ago, so, although we wanted to walk to Garforth, my husband's bad knee prevented us from doing and we decided to stay at home. We've also just been informed that there is a three-day rail strike going on which will make travel very difficult for some people. People don't seem to know much about the reasons for the strikes – except money, so all we can do is sit and wait and see what happens. As I mentioned, we are fortunate enough to have a car so usually we can continue to go places. I do however, hope the rail strikes end soon as we are due to travel by train to see our son in Halifax in the near future.

Melvyn, my husband, recently went for an X-ray on his knee which resulted in him being told that it is not quite bad enough to warrant an operation, so he will have to live with it and take tablets if it gets any worse – he doesn't like doing this, but sometimes you have no choice.

The weather forecast says that the weather is about to change on Saturday and Sunday so I'm really glad we were able to sit out and read in the welcome sunshine. But it is a shame for people who have had to work indoors all week and have missed the good weather. Anyway, I'll say bye for now. June.

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## BRENDA'S WILDLIFE CORNER



### **Koala**

The Koala bear is native to Australia and its closest living relative is the Wombat. It is found in Eastern and Southern regions such as Queensland, New South Wales, Victoria and South Australia.

It has an interesting body which is stout, without tail, with fluffy ears and a spoon-shaped nose that is somewhat unusual. Its body length varies

between 60 – 80 centimetres and it can weigh anything from 4 to 15 kilograms. Koalas from the northern part of Australia are smaller and lighter than those found further south and can be either silver grey or chocolate brown. All are sedentary and sleep up to 20 hours a day.

A Koala depends on eucalyptus leaves as part of its diet which provide the desired nutritional and calorie content. Interestingly, Koalas give birth to underdeveloped young (Joeys) that crawl and stay in their mother's pouch for between six and seven months of their lives, and are fully weaned around one year old.

Happily, a Koala has few natural predators though they are threatened by the Koala Retrovirus. Due to its distinguishable appearance, the Koala is known worldwide as a symbol of Australia. But unhappily, it was listed as endangered in February of 2022 in New South Wales and Queensland.

\*Ref Wikipedia

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## ALBUM REVIEW – LIFE IS YOURS – BY FOALS

FOALS

LIFE IS YOURS **By Graham Townsend**



It was the band's performance at Glastonbury a few weeks ago that inspired me to purchase "Life Is Yours" along with the recommendation from a friend who went to one of their gigs recently.

I was aware of their existence prior to this although I wasn't familiar with much of their music. The only song I could really claim to have any real knowledge of was "My Number" and even then, I probably couldn't have told you the title if it hadn't appeared on screen during the aforementioned live TV performance. That song is

actually their highest charting single in the UK, to date, and it only reached number twenty-three. Having listened to this album, their seventh studio album so far, that seems to be a travesty although, they have fared much better in the UK album charts. Their previous effort "Everything Not Saved Will Be Lost – Part 2" reached the top of the chart in 2019 and their three prior albums also reached the top three.

"Life Is Yours" has peaked at number three thus far. It features eleven tracks and has a running time of just over forty-two minutes. There have been five tracks released as singles to date namely, "Wake Me Up", "2am", "Looking High", "2001" and "Crest of the Wave".

The title track is the album opener and it gets things off to a positive start. It reminded me of Hot Chip in places. I would class the next four songs, which are the first two singles mentioned above followed by "2001" and "Summer Sky", as the heartbeat of the album. Proper funky disco music being the emphasis. They really got me in the mood to listen to the remaining tracks. "Wake Me Up" is probably my favourite track. I get a true 70s funk vibe of something you might have expected from either the Average White Band or Chic. This also comes through on "Summer Sky"

"Flutter" certainly explores 80s synth pop. The opening of "Looking High" reminded me a little of Level 42 perhaps and as the track progressed, I felt there was a hint of Depeche Mode mixed in. I think that is partly down to the vocals and it is more evident to me in both "Under the Radar" and "Crest of the Wave".

Often, I find that the last couple of songs on an album really drop off, however, that is not the case here as "The Sound" and "Wild Green" are both more than credible.

This is a really uplifting album. There is a somewhat seamless flow from one track to the next. If you were looking for something to chill out with then, this is not the album for you. The only real criticism you could level at the album is perhaps a lack of variation in terms of musical style. I don't think this will deter too many people from trying to find out more about the band though. There is not much filler here. This is definitely one of the best albums I have bought so far this year. I recommend it highly.

MY STAR RATING = \*\*\*\* out of 5

## THREE GLUTEN-FREE RECIPES FROM JUNE CHARLTON



### Chocolate Chip Cookies

#### Ingredients:

3 oz of butter, softened, plus extra for greasing  
3 ½ oz of caster sugar  
3 oz of soft light brown sugar  
1 beaten egg  
5 oz of brown rice flour, plus extra for dusting  
½ teaspoon of bicarbonate of soda  
1 tablespoon of cocoa powder

3 oz of gluten-free plain chocolate chips

#### Method:

Grease 3 baking sheets or trays. Put all the ingredients except the chocolate chips in a food processor and whizz until smooth or beat together in a large bowl. Stir in the chocolate chips, then bring the mixture together to form a ball.

Turn the dough out on a surface lightly dusted with rice flour and divide into 30 balls. Place on the prepared sheets, well-spaced apart, pressing down gently with the back of a fork.

Place in a preheated oven 180 C/350 F/gas mark 4 for 8 – 10 minutes on the baking tray or sheets to harden, then transfer to a wire rack to cool.



### Potato Drop Scones

#### Ingredients:

1lb 2 oz of large potatoes (peeled and cut into small chunks)  
1 ½ teaspoons of gluten-free baking powder  
2 eggs  
3 Fl oz of milk  
Salt and black pepper

#### Method:

Cook the potatoes in a pan of salted boiling water for 15 minutes or until tender. Drain well, return to the pan and mash until smooth. Leave to cool slightly. Beat in the baking powder, then the eggs, milk and a little seasoning, and continue to beat until everything is evenly combined.

Heat a little oil in a heavy-based frying pan. Drop heaped dessert spoons of the mixture into the pan, spacing them slightly apart, and fry for 3 – 4 minutes, turning once, until golden. Transfer to a serving plate and keep warm while frying the remainder of the potato mixture. Serve warm, instead of toast, with your favourite cooked breakfast.



## Chocolate and Rum Cake

### Ingredients:

5 oz of gluten-free plain dark chocolate broken into pieces  
Grated rind of 1 orange  
Juice of 1 orange  
Few drops of rum essence (optional)

5 oz of unsalted butter, softened, plus extra for greasing  
5 oz of caster sugar  
4 separated eggs  
5 oz of ground almonds

### Chocolate Icing:

5 oz of plain dark chocolate broken into pieces  
3 ½ oz of unsalted butter

### Method:

Grease and line 2 x 8-inch sandwich cake tins. Place the chocolate, orange rind and juice and rum essence, if using, in a heatproof bowl over a pan of simmering water and leave until melted.

Beat together the butter and all but 1 tablespoon of the sugar in a large bowl until light and fluffy. Beat in the egg yolks, one by one, then stir in the melted chocolate.

Whisk the egg whites in a large clean bowl until they form soft peaks. Add the remaining sugar and continue to whisk until stiff peaks form. Fold the egg whites into the chocolate mixture with ground almonds.

Spoon the mixture into the prepared tins and place in a preheated oven 180 C/ 350 F/gas mark 4 for 20 – 25 minutes, until the sides are cooked but the centre is still a little unset. Remove from the oven, leave to cool for a few minutes in the tins, then turn out gently on to a wire rack to cool completely.

Make the icing: Melt the chocolate as above, then whisk in the butter, a tablespoon at a time, until melted. Remove from the heat and whisk occasionally until cool. If icing is runny, chill until it firms up a little. Fill and ice the cooked cake with the chocolate mixture.



## GRAHAM'S WONDERFUL WORLD OF SPORT



Well hello August and you know what that means! The top European football leagues, including the English Premier League return. As the FIFA World Cup is taking place in November/December 2022, the league starts a little earlier than

usual with the first match taking place on Friday 5<sup>th</sup> August when Crystal Palace face Arsenal at Selhurst Park.

The back end of the month sees the start of the US Open in Tennis. It is the final major of the year. Novak Djokovic will be looking to follow up his July success at Wimbledon and thus match Rafa Nadal as the winner of two men's majors in this calendar year. The women's competition is likely to be very open as have most recent major tournaments. Iga Swiatek is likely to start as the favourite despite her failure to win at Wimbledon. It will be interesting to see how Elena Rybakina performs after winning her first Grand Slam at that event.

The only Formula 1 GP in August 2022 is held on 28<sup>th</sup> of the month. The venue for this race is the Spa-Francorchamps circuit in Belgium. On two wheels, the biggest event in the speedway calendar, the British Grand Prix, takes place on Saturday 13<sup>th</sup> August at the Principality Stadium in Cardiff, Wales. Two weeks later, on 27<sup>th</sup> August 2022, round eight of this year's series goes ahead in Wroclaw, Poland. Sticking with two wheeled motorsport, Moto GP also has its British Grand Prix in August, taking place at the Silverstone circuit on 7<sup>th</sup> August. There is also the Austrian GP on 21<sup>st</sup> August.

England's test cricket team face South Africa in the first two of a three match series. The First Test is at Lord's, London between 17<sup>th</sup> and 21<sup>st</sup> August. This is followed by the Second Test at Old Trafford, Manchester between 25<sup>th</sup> and 29<sup>th</sup> August.

Fans of cycling have the Vuelta a Espana to look forward to. This event commences 12<sup>th</sup> August and ends in early September. The Tour de France is underway as I write this article and it has been hit by several withdrawals due to COVID-19. Let us hope the same fate doesn't befall the Vuelta!

The 2022 Commonwealth Games continue in Birmingham, England, having started on 28<sup>th</sup> July, they end on 8<sup>th</sup> August. Some of the world's top athletes are competing here.

For those of you with a keen interest in equine sports, the World Equestrian Games take place between 6<sup>th</sup> and 14<sup>th</sup> August in Herning, Denmark. In a similar vein, fans of horse racing can take in the York Ebor Festival from 17<sup>th</sup> to 20<sup>th</sup> August. Also on 20<sup>th</sup> August, boxing fans will be able to watch Anthony Joshua take on Oleksandr Usyk in their rematch in Jeddah, Saudi Arabia.

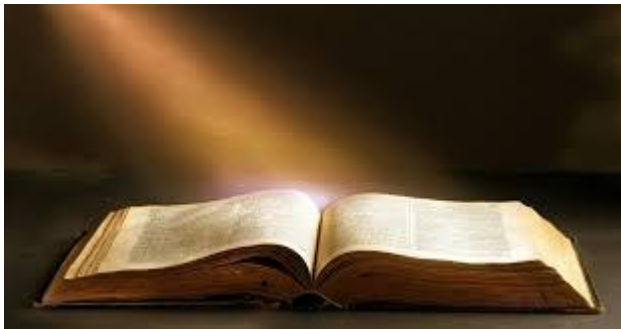
Perhaps there aren't as many major events as in some of the other months of the year however there will still be plenty of action to watch. Until next month, mind how you go!

\* With a little help from various online resources.

PS – If you fancy a further sports fix, I record a weekly podcast, you can view it at - [https://www.youtube.com/channel/UCQAG\\_vzf\\_Qq0XIKczwd117Q](https://www.youtube.com/channel/UCQAG_vzf_Qq0XIKczwd117Q)

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## BIBLE TALK



Sent by Peter Smith

Buffy Sainte-Marie sang about the Universal Soldier: -

He's the one who gives his body as a weapon to a war,  
and without him all this killing can't go on.

Jesus said (Matthew 5:43-45, NKJV): -

You have heard that it was said, 'You shall love your neighbour and hate your enemy.'  
But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you.,  
that you may be sons of your Father in heaven; for he makes his sun rise on the evil and on the good, and sends rain on the just and on the unjust.

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## ANOTHER FUN QUIZ FROM THE HORSE'S MOUTH



### Questions:

- (1) Which fish provides Caviar?
- (2) Which was the first of the Carry On Films?
- (3) Which organisation has the motto: Per ardua ad astra?
- (4) Where is the Chamber of Horrors to be found in London?
- (5) Who wrote the novel Roots?
- (6) When would you use 'hyperbole'?
- (7) How would you describe 'onomatopoeia'?
- (8) On a bottle of brandy, what do the initials V.S.O.P. stand for?
- (9) Sir Francis Drake sailed around the world in 1577-1580 in which ship?
- (10) Which novelist used the pen-name Mark Twain?
- (11) The initials C.I.D. stand for what?
- (12) What did Istanbul used to be called?
- (13) Which is the largest church building in the world?

- (14) Where was gunpowder invented?
- (15) Another name for a panther?
- (16) A coracle is what?
- (17) Who was Marie Antoinette married to?
- (18) Where would you find the smallest bone in the human body?
- (19) What do you call a group of geese?
- (20) What did Suriname used to be known as?

**Answers:**

(1) Sturgeon (2) Carry On Sergeant in 1958 (3) The Royal Air Force (4) Madame Tussauds (5) Alex Haley (6) When exaggerating statements or claims not meant to be taken literally (7) The formation of a word from a sound associated with what is named e.g., cuckoo (8) Very Superior Old Pale (9) The Golden Hind (10) Samuel Langhorne Clemens (11) Criminal Investigation Department (12) Old Constantinople (13) St. Peter's Basilica (14) China (15) Cougar/Jaguar/Leopard/Puma (16) A small round boat made of wickerwork covered with a watertight material, propelled with a paddle (17) Louis XVI (18) Ear (19) Gaggle (20) Dutch Guiana

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**Editor's Final Word:** Thank you so much for taking the time and trouble to take a look at this publication which is evolving nicely. You too can get involved if you want to and should send your possible contributions to: [dean@fthm.org.uk](mailto:dean@fthm.org.uk) Also if you can advise us how to improve the magazine, please also let us know. Best wishes, Dean, Brenda, Robert and Graham.