

FROM THE HORSE'S MOUTH – September 2022. Edition 93.

Hello again. As usual I hope you are well when you are reading this publication. I think this edition of the magazine contains some good content but we are always open to suggestions about how we can improve it. If you want to get involved with the magazine/donate or advertise, you can contact us (in a non-sexist, non-racist and non-homophobic way) at dean@fthm.org.uk

Please note that our website address is: www.fromthehorsesmouth.org.uk Best wishes,
Dean.

Competition: Short Story with the theme **SUMMER**

Adult Section: Maximum of 2,000 words, £100 for winning entry

Under 16s: £50 for winning entry

Entries to reach dean@fthm.org.uk by midnight (GMT) on 30th of September 2022

Winning entries will appear in an edition of the magazine

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MY NOT VERY SERIOUS STARS

Scorpio 24 Oct – 22 Nov

You are clearly delusional if you believe you are God's gift to the opposite sex as you are rather ugly and have an enormous bottom. Now is the time to be prudent with money as hard financial times lie ahead for those who are not privileged. It is a good time to grow a bicycle moustache. People think you may be pregnant so do something about your belly now.

Sagittarius 23 Nov – 21 Dec

An email will arrive this month which will radically alter your life and make you realise how fortunate you really are. It is also time you refrained from worrying about getting older and just got on with your life, enjoying as much of it as you possibly can. Your lack of creativity may continue to worry you so concentrate on doing mundane tasks until it returns. Give.

Capricorn 22 Dec – 20 Jan

Someone who looks a bit like a giraffe will come into your life and teach you how to rise above the mundane crowd. You have been fraternising far too much with your credit card and may find yourself in deep financial trouble if your current source of income dries up. A precocious child may give you an insight into an aspect of your life you've not considered.

Aquarius 21 Jan – 19 Feb

Your hedgehog mentality of curling up in a prickly, protective ball when criticised, is not doing you any favours, and in fact, stunting the development of your personality. You always seem tired so take this opportunity to recharge your batteries in preparation for further, hard work. Stop admiring egotistical celebrities who would barely give you the time of day.

Pisces 20 Feb – 20 Mar

You will soon start a new relationship which will blossom if you take the trouble to nurture it. They say that a change is as good as a rest, so why not go away for a cheeky weekend and party? It is a good time to stop smoking your weed as it is making you very paranoid. Also, nearly time to stop giving brewery shareholders most of your disposable income each week.

Aries 21 Mar – 20 Apr

A bully from school will contact you but will you give him the chance to prove that he has changed? Sometime this month, an American woman will introduce you to something that you find very pleasurable. Your teeth are in a sorry state so maybe invest some money in improving your smile. Stop being 'one of the crowd' and do something original. Suck mints.

Taurus 21 Apr – 21 May

This month you will learn that a friend in whom you have been confiding has betrayed your confidence, so use this knowledge to get things out into the public domain. It is time to be more patient and understanding with people who don't do what you want them to do immediately. Time to develop your inner beauty as you are clearly no oil painting or Adonis

Gemini 22 May – 21 Jun

Times are difficult now, but hold in there as nothing stays the same. Your partner may accuse you of finishing things too quickly, but politely explain that it's premature to judge and that you will up your game. A hairdresser will blow your mind by giving you a fantastic cut this week. You will also realise that time is moving on and you should address your bucket list.

Cancer 22 Jun – 23 Jul

You might benefit from a trip to the coast at the moment and it may give you the opportunity to see things from a different perspective. Tiredness may be a constant problem so why not stop burning the candle at both ends and look after yourself better? You will have no luck finding romance this month, but this doesn't mean you won't have to visit the clinic.

Leo 24 Jul – 23 Aug

A man who is very intelligent but unstable will try and cause problems for you this week and a woman with large attributes may catch your eye on Thursday, but be careful, as she is like a bouncing bomb and will do you some serious damage if you let her into your life, A good time to consider getting a pet as you will experience loneliness in the near future. Eat steak.

Virgo 24 Aug – 23 Sep

Someone you love dearly will need hospital treatment this month, so keep an eye on their progress as they will definitely need your love and support. A man wearing a bow tie will flutter into your life bringing much joy and leaving behind a huge wine bill. In life, you are doing much better than you realise and it won't be long before your ship comes in. Smile.

Libra 24 Sep – 23 Oct

It is a good time to consider returning to further education as you may be feeling unchallenged and unfulfilled. You are a bit overweight at the moment, but don't worry, as this will only be a temporary state of affairs and you will soon be back to your dynamic best. Try not to take horoscopes too seriously as they can be just a good laugh. Get a pipe.

INTERVIEW WITH THE EDITOR DEAN CHARLTON



Dean, can you tell us a bit about yourself? Yes. I'm 58 and was born in Castleford. When I was four, my stepfather (my dad) took me to Kippax (a village near Leeds, in England) to get away from the fumes emitted by the chemical works in Castleford. I grew up in Kippax and had a massive passion for football and, as a child, was very good at it but lacked the necessary speed to become a professional. My childhood was good and my parents worked hard to give me and my brother everything we needed, though I was a difficult child to control.

Is it true that you have mental health problems? It is true. My life has been blighted by episodes of Bi-Polar and OCD. Since I began to take Lithium Carbonate again, 26 years ago, my Bi-Polar has been controlled and I no longer suffer from extreme highs or extreme lows which is much better. In addition, I have been in intensive care with pneumonia, had a cancer called Hodgkin's Disease, a bad chest due to damp in my flat and a drink problem!

Have you sorted out your drink problem? I'd like to think so, as I haven't had any alcohol for 24 ½ years - though I don't know if you are ever out of the woods. I didn't drink every day, but when I did, I had massive amounts of alcohol on top of medication, and it caused all sorts of problems for me and for others.

Are you happy with the evolution of the magazine? Yes and no. I am pleased that it is still around after 93 editions, but I had hoped more people would contribute to its content. However, it is doing well and hopefully providing a service for a lot of people. I do think that there is room for more variety in content and hopefully this will come as more people become aware of the magazine's existence.

Have you ever been married? No. My life has been difficult and I used to suffer from extreme poverty as well as being very ill. I've always been single though I have been in a fantastic platonic relationship with Brenda Condoll for over 26 years which has helped me a lot.

What is Brenda like? In my opinion, she is one of the nicest people you could meet and does much to make my life easier and more enjoyable. She is 71 in September and looks more like 51!

You say you have Bi-Polar and have suffered badly from OCD, have you ever been hospitalised with these conditions? Yes. I have been on many psychiatric wards as a voluntary inpatient and outpatient but the last time I was in a hospital for any length of time, was in High Royds, in Leeds, over 26 years ago.

What kind of treatment have you received in hospital? I was put on Lithium Carbonate and given ECT 20 times over two periods in different hospitals. I also take anti-depressants. Most of the time, in High Royds, I just paced the corridors as I couldn't sort my mind out and didn't know what else to do. You could engage with Occupational Therapy but I was too ill to do that.

Do you think you were harmed in any way by the ECT? Well, although it helped me, I think it has damaged my short-term memory.

How long were you in hospital the last time? 10 weeks, as I was officially homeless as well at the time, and had nowhere to be discharged to. I was 32 and stayed in the hospital until they found me a place in Harehills in Leeds with a great housing association called St. Annes. I still felt ill though when I was discharged. That was to a group home and is where I met lovely Brenda.

I have recently had some Cognitive Therapy which has helped.

What treatment did you receive for Hodgkin's disease and what exactly is it? It is cancer that usually affects males in their late twenties, and is concerned with the lymphatic system. I was treated with radiotherapy which destroyed the cancerous cells but also burnt me very badly – I couldn't eat solid foods and lived on liquid drinks for 3 weeks. I then had to go to a chest clinic in Leeds for quite a while after.

How do you manage to do the magazine if you have mental health problems? Well, my big problem now is coping with OCD, but fortunately, I have been okay for nearly 6 months. In the past, I have just worked around the illness and tried to just carry on the best I can. One big factor is also that I am no longer living in extreme poverty and have a better standard of living which is a big help – and I have some friends including Brenda.

How did people used to react to you when you were ill? I was shunned by many people but I think this was through ignorance rather than through nastiness. It was hard being so ill with people close to you accusing you of faking it, and not knowing what was actually wrong with you. The diagnosis of Bi-Polar really helped me as I was then put on the mood stabiliser Lithium Carbonate which worked and stopped any mania and all severe depression. I still get down but nothing like before.

Is the magazine a political publication? It is open to all political views but is apolitical in nature. So, anyone can submit an article for consideration as long as it does not intentionally offend other people.

When you are not working on the magazine, what else do you do? I spend time at home and in cafes in Halifax or Hebden Bridge with Brenda. I also see other friends. I watch TV and I have just started to go watch Halifax Town when they are playing at home. I would like to get back into studying foreign languages but as this was part of my OCD, I am taking it easy with this until I feel stronger. I do like living in Halifax though.

What are your hopes for the future? I hope to experience continued good health. In the short term, I hope that the magazine continues to progress and has financial success. I hope that my quality of life continues to improve or at least stays the same. I hope I meet more nice and interesting people. I also hope to die in a good frame of mind.

GRAHAM TOWNSEND'S MONTHLY QUIZ



Questions:

- (1) A rare white elephant with pearl-coloured eyes was born in which country in August 2022?
- (2) Actress Nichelle Nichols died aged 89 in August 2022; she is best known for playing which Star Trek character?
- (3) Gaia, Terra and Tellus are alternative names for which planet in the solar system?
- (4) What is the capital city of the US state of Michigan?
- (5) "Sticky Fingers" and "Let It Bleed" are well known albums by which British rock band?
- (6) Who wrote the novel "Moby Dick"?
- (7) Which savoury dish is made using the dried bombilla fish?
- (8) Which sport is played by the Washington Nationals?
- (9) Which British chemist and X-ray crystallographer was born in Notting Hill, London in July 1920?
- (10) In August 2022, Will Mellor and Kym Marsh were announced as the first contestants in the next series of which UK reality TV dance competition?
- (11) Which Carthaginian general defeated the Romans at the Battle of Cannae?
- (12) In which country did Hyundai start making cars?
- (13) Hemi crania also goes by what more well-known name?
- (14) Who composed the overture, "The Marriage of Figaro"?
- (15) What is a caple?
- (16) Who succeeded Henry I as King of England in 1135?
- (17) Who was the first presenter of the BBC science programme "Tomorrow's World"?
- (18) Which island country is separated from Malaysia by the Johore Strait?
- (19) According to the proverb, what is the "key to poverty"?
- (20) Marcus Stoinis has played international cricket for which country?

Answers

- (1) Myanmar (2) Lieutenant Nyota Uhura (3) Earth (4) Lansing (5) Rolling Stones (6) Herman Melville (7) Bombay Duck (8) Baseball (MLB) (9) Rosalind Franklin (10) Strictly Come Dancing (11) Hannibal (12) South Korea (13) Migraine (14) Wolfgang Amadeus Mozart (15) Horse (16) King Stephen (17) Raymond Baxter (18) Singapore (19) Sloth (20) Australia
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HUDDERSFIELD



Huddersfield is located in West Yorkshire, England and according to the census of 2011, had a population of 162,949. It is still a manufacturing town and is 14 miles south-west of Leeds and 24 miles north-east of the city of Manchester. Arguably, its two most famous sons were Labour Prime Minister Harold Wilson (who is commemorated by a statue in front of the town's railway station) and the film star James Mason. Today, the fact that its population is multi-racial is reflected by a mixture of churches, temples, mosques and synagogues.

The history of Huddersfield is interesting with the remains of a Roman fort discovered near Outlane and, also, there is evidence of an Iron Age fort at Castle Hill. The earliest recording of the name appeared in the Domesday Book of 1086 as Oderesfelt. Interestingly, the manor of Huddersfield was owned by the Lacey family until it was reclaimed by the Crown in 1599 and was then purchased by the Ramsden Estate who remained in control of it until 1920.

Huddersfield played an important role during the Industrial Revolution when it experienced civil unrest, as the introduction of mechanised weaving sheds resulted in many local weavers facing starvation and loss of their livelihood. The town then saw the emergence of a group of people known as the Luddites who caused much destruction to the big mills, machinery and sheds. But, because the army began to protect equipment from the Luddites, the latter began to focus on local towns and villages. However, the movement was crushed following the murder of a mill owner called William Horsfall and through the introduction by Parliament of more welfare provision for the unemployed as well as the introduction of legislation to improve work conditions in the mills.

Today, although there are fewer people working in the textile industry, the town still produces large quantities of woollen products although it uses less labour to do so. Having said this, it is true to say that the town's major employer is now the university although it is still the home of chemical and engineering companies which includes Brook Motors Ltd – which was founded in 1904. It also boasts local manufacturers including: Cummins Turbo Technologies and Huddersfield Worsteds and is the home to Andrew Jones Pies! Education does play an important part in the town and there are many State primary and secondary schools as well as Huddersfield Grammar School which is private, and which caters for students up to 16. There are also higher education colleges like Kirklees College.

Much of the town's architecture is neoclassical Victorian including the splendid railway station. If you have chance to visit the town, you will see that there are loads of examples of Victorian architecture like the Victoria Tower, Huddersfield Town Hall and George Hall – where the great game of Rugby League was started on 29 August, 1895. There is also The John Smith's Stadium which is a multi-use sports stadium and home to Huddersfield Giants and Huddersfield Town football club.

If you like shopping, then Huddersfield won't disappoint as it has three shopping areas: Kingsgate, The Packhorse Precinct and The Piazza Centre. It is also worth visiting the Market

Arcade which is a covered market hall and an open market which is adjacent to Tesco. In the town centre, you will find some well-known retail and chain outlets and also fast-food providers like KFC, Subway and McDonalds. There are three main supermarkets in the centre as well as a variety of specialist and independent shops. Many pubs, nightclubs and restaurants are still trading and well worth a visit.

Music has always played a major role in the cultural life of Huddersfield i.e., it has been the home of Huddersfield Choral Society since 1836, to the Huddersfield Philharmonic Orchestra and also the Huddersfield Singers. There are also many local choirs in the area like the Honley Male Choir and the town has produced more modern music acts like Evile and Kava Kava. It was also the birthplace of Billy Currie of Ultravox and Visage and the bassist John McCoy who played with Gillan. If you enjoy attending festivals, Huddersfield hosts: Marsden Jazz Festival, Electric Spring, the Holmfirth Festival of Light and a large St Patrick's Day Parade in March. If you are in the town in mid-July, you could experience the great Huddersfield Caribbean Carnival which has rides, music, stalls etc. It would be remiss of me not to mention the Huddersfield Literature Festival which is held annually in the town and which includes creative writing classes and poetry nights.

During your visit to Huddersfield, you might like to watch excellent professional football or rugby league or local people playing cricket, hockey and rugby union. If art is your bag, why not visit Huddersfield Art Gallery which features work by L.S. Lowry, Henry Moore and Francis Bacon? – The gallery also has provision for work by established and up-and-coming artists.

Two lovely parks to consider visiting are Beaumont Park (with water cascades, bandstand and woodland) and Greenhead Park which has recently been renovated and is only 3/8 mile from the town centre. Huddersfield and its environs were also the location for T.V. programmes like: Where the Heart Is, The League of Gentlemen and, of course, the evergreen comedy that is Last of The Summer Wine.

Travelling to Huddersfield is relatively easy by road, rail and canal, but it is important to mention that there is no direct rail service to London.

So, why not take time out of your busy schedule to pay a visit to the town of Huddersfield as I'm sure you won't regret doing so!

* With a lot of help from Wikipedia

GRAHAM'S WONDERFUL WORLD OF SPORT



So, here in the northern hemisphere we are about to move into autumn, or fall as it is known over the pond. The European football leagues are well underway now and the fixtures come thick and fast in this part of the world as the Premier League et al scramble to get as many rounds of games in as possible before the FIFA World Cup at the back end of the year. September also sees the

opening two rounds of group matches in UEFA's club competitions and an international break which features the culmination of the Nations League group stage where, England face Italy on 23rd September and Germany on 26th September in a bid to stave off relegation to League B for the next iteration of the competition.

Moving from football to NFL, the first game week of the 2022 season commences on 9th September when LA Rams start their defence of the Vince Lombardi Trophy against the Buffalo Bills. Sticking with sports played with an oval ball, here in England, the Super League Grand Final will take place at Old Trafford, Manchester on 24th September. It is being held earlier than the regular staging date due to the Rugby League World Cup which starts just three weeks later. Rugby Union also has a major event this month with the Rugby World Sevens being held in Cape Town, South Africa between 9th and 11th September,

In the world of horse racing, we have the final classic of the English season, the St Leger, at Doncaster on 10th September. New London is the early pre-race favourite although there is still plenty of time to pass before the final declarations are made.

The Formula 1 season is back in full swing after the summer break. There are races in The Netherlands on 4th September and Italy on 11th September, as Max Verstappen will be looking to strengthen his grip on the title, he won for a first-time last year. Speedway sees Rounds 8 and 9 of the world championship take place on 10th and 17th September in Vojens, Denmark and Malilla, Sweden respectively. The Brisca Formula 1 Stock Car World Final also takes place in September at Foxhall Stadium, Ipswich, England on the 10th of the month.

The finals of cricket's "The Hundred" for both men and women are on 3rd September. The venue will be Lord's, London. Golf's Presidents Cup is another major sporting event and that takes place between 20th and 25th September in Charlotte, NC, USA.

So, we have high quality wall to wall sport from start to finish during September. Hope you enjoy it all!

* With a little help from various online resources.

PS – If you fancy a further sports fix, I record a weekly podcast, you can view it at - https://www.youtube.com/channel/UCQAG_vzf_Qq0XIKczwd117Q

BRENDA'S WILDLIFE CORNER



The Barn Owl

The barn owl is found throughout the world and is one of the most widespread species of birds. Exceptions are in polar regions, desert regions, in some Pacific Islands, Indonesia and in parts of Asia.

Three major lineages of barn owl exist: the western barn owl of Europe, western Asia and Africa; the eastern barn owl of south eastern

Asia and Australasia and the American barn owl of the Americas.

Most barn owls are between 33 and 39 cm in length with wingspans ranging from 80 to 90 cm. The face is heart-shaped and in most cases, is white. The back of the head is a mottled shade of grey or brown.

Although the barn owl is usually nocturnal, it does hunt during the day in Great Britain and some Pacific Islands and most of its diet is composed of small mammals, which they locate by sound as their hearing is very acute.

Normally a barn owl will mate for life unless its mate is killed in which case another mate can be found. An average of four eggs is laid in a nest in an old building, in a hollow tree and sometimes in a cliff. The female looks after the eggs whilst the male brings food to the young chicks.

* Ref. Wikipedia

BLESSING

On Sunday 3rd of July, me and Brenda had a blessing at St Saviour's church in Leeds to celebrate 26 years of friendship. I organised the event with the help of Mrs Austin and Father Darren to show Brenda how much our friendship means to me. It is rare that you find a friend as good and as loyal as Brenda Condoll and I know how important her Christian faith is to her.



The event was a great success and Father Darren was kind enough to also bless a small gold crucifix on a chain that I had bought for Brenda. Afterwards there was a wide spread of food for all to enjoy which illustrated how giving and hospitable St Saviour's is.

JUNE'S WORLD



Hello everybody. I hope you are fit and well.

The weather's been beautiful this last week or so, but today I got up and it was raining fast, but I think it's going to

brighten up and be sunny later as it's become brighter in the last minute or so. However, it won't be a bad thing if it rains as we badly need the water.

Yesterday (Monday), we did our usual visit to Selby for, as I've told you before we really love the place. We went for a drink in the park but it was very strange being served by a new man. We haven't been there for a while due to unforeseen circumstances, and we had been expecting to be served by John who we were told had unfortunately died – but as they say, life goes on.

Both my husband and myself have been feeling a bit under the weather so our son gave us a Covid test kit as we thought we might have it again. Melvyn, my husband, tested us both and fortunately the tests were negative.

We've booked to go to Scarborough in three weeks' time and so, if the weather is nice, we will read on the beach and engage in some people-watching. We've booked a lovely hotel with a nice view over-looking the sea. We've decided not to go abroad at the moment, and anyway, we really appreciate going to Scarborough and Bridlington as they are both lovely places to visit. I think also, that as you get older going abroad seems a lot of hassle with perhaps an early start and lots of waiting around in the airport. It doesn't really seem necessary for us to go abroad as we've already been to many foreign places and there are some beautiful places to visit in the UK.

I've been busy making strawberry jam and boiling and bottling beetroot which will last us for a while. I try and keep busy but when my work is done, I like to relax by reading, writing and doing puzzles which keep your mind alert.

We went to Halifax about two weeks ago and it was very busy as it was the school holidays. It was lovely to see the Piece Hall busy with lots of people enjoying a cold drink. We didn't join them as we were on our way to Pearson's fish and chip restaurant to enjoy our monthly meal with Dean and Brenda.

Well, that's about it for now so bye until the next time. June.

LETTERS PAGE



Dear Editor

I think that many religious people are kind and loving and genuinely want the best for everyone. However, it is still important that one thinks for oneself instead of just following established doctrines that restrict individual freedom and try to lead a life that they want to lead – without constant guilt and fear of post-death reprisal.

Mary Hudson, Fleetwood

Dear Editor

A lot of people seem to buy into the world of celebrity and wish they were part of it. It seems obvious to me however, that this is a ridiculous goal and that people should realise how shallow and futile the celebrity world really is. I would argue that many celebrities lack personal depth and are very egotistical. Try and excel at your craft by all means, but stay true to yourself if attention comes your way!

Freddie Shilton, Newcastle

Dear Editor

Whilst like many people, I am not looking forward to the end of my life. I try to use death as a motivating factor and therefore push myself to do something worthwhile with my time here on this planet. I don't know what happens after death, but I know that I am alive today and am trying to do something worthwhile with my life as it is so short.

Fiona Cockcroft, Lincoln

Dear Editor

Congratulations to the England Women's Football team in winning the Euros. Whilst I think the men's game is superior, I recognise that this comparison is superfluous and that one should acknowledge the fantastic progress made in the women's game. Winning the competition was a great achievement and will hopefully inspire many girls and young women to take up football and even make a career out of it.

Sandra Gough, Doncaster

Dear Editor

Like many people, I am sick and tired of nearly being run down on the pavement by irresponsible and selfish cyclists. I know that this is not an original subject for this Letters Page, but I still think that this is a huge problem that needs addressing and that the culprits should be fined and have their bicycles confiscated.

Yvonne Jones, London

Dear Editor

I am truly baffled by the fact that many working-class people vote Tory when it is clearly not in their interest to do so. It is clear to me that a tiny elite want to control the rest of us and whilst they live in luxury many of us are struggling to get by. It is obviously difficult to change things when faced with a constant barrage of right-wing propaganda in prejudiced newspapers – just look how they diligently assassinated Jeremy Corbyn who I think is a very decent and intelligent man.

Harry Jacques, Chesterfield

ALBUM REVIEW – GOLD RUSH KID – BY GEORGE EZRA



By Graham Townsend

This is the first album I have bought by this artist although I do own a couple of his previous single releases as downloads.

George seems to be one of those artists that divide opinion. I have friends who dislike his voice and others who just don't go for the singer-songwriter gig. I am very much open to the latter type of performer Ed Sheeran is one of my favourite artists, so I am certainly not going to castigate him on that basis. I can see where people are coming from in terms of his voice however, I think there could be some kind of social bias involved here as he sounds, shall we say, a little bit posh. In my mind, if Prince William could sing, he would sound like George Ezra!

Anyway, on to the details of the album. There are twelve tracks included here and the running time is just short of thirty-nine minutes. It has already reached the summit of the UK Album Chart meaning that, all three album releases to date have reached number one in the chart. Three singles have been taken from the album so far namely, "Anyone for You (Tiger Lily)", "Green Green Grass", which reached number three in the UK Singles Chart, and "I Went Hunting".

I would describe this as a classic pop album from a British singer-songwriter. It opens with three lively cuts, the first two being the first two singles mentioned above along with the title track itself. On the title track I love the line "I'm the gold rush kid robbing the bank". I like

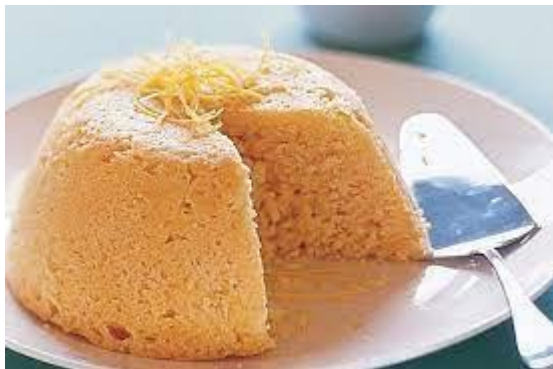
the way he deals with serious issues, such as lockdown and its impact on mental health and going to see the doctor, especially here and on the opening track, with simple lyrics. The next three songs are much slower and of these, “Fell in Love at the End of the World” is the best, in my opinion. I think my favourite track overall is “Dance All Over Me”. I cannot explain why, you just need to listen to it and form your own opinion.

“Sweetest Human Being Alive” is a bit slushy but passable due to the strong piano work. It describes how he hopes to meet the love of his life in the not-too-distant future. Penultimate track “Love Somebody Else” is another pleasant song that sounds great on a warm summer day and has a strong orchestral tone towards the end. “The Sun Went Down” is a short but more than acceptable way to close out the album. Again, we hear simple lyrics such as “I’m so happy I could die now”.

This is very much an upbeat piece of work. Lots of easy to listen to pop music with some slower numbers chucked in. It’s not a classic, but I think you will be fairly hard pressed not to enjoy this album.

MY STAR RATING = ***1/2 out of 5

JUNE’S WONDERFUL RECIPES



Boiled Lemon Pudding

Ingredients:

2 oz of fine white breadcrumbs
2 oz of flour
2 oz of grated suet
2 oz of sugar
1 egg
1 lemon
One teaspoon of baking powder
A little milk

Method:

Grate the lemon and extract the juice. Mix all the dry ingredients with the lemon juice, beaten egg and enough milk to moisten. Turn the mixture into a pudding basin, tie greaseproof paper over the top and steam for 2 hours. Serve with lemon sauce.



Ginger Sponge Pudding

Ingredients:

½ lb of flour
5 oz of soft brown sugar
3 tablespoons of treacle
1 egg
2 teaspoons of ground ginger
Pinch of cinnamon
1 teaspoon of carbonated soda
1/3 pint of milk
2 oz of butter

Method:

Melt the butter, treacle and sugar in a large pan. When the sugar is dissolved, stir in the flour, spices, carbonate of soda and milk and mix well. Beat the egg and add it last of all to give a glossy crust. Pour the batter into a large flat oven tin and bake for one hour in a moderate oven. Serve hot with custard or cold with stewed rhubarb.



Stuffed Mushrooms

Ingredients:

4 – 8 flat mushrooms (depending on size)
1 onion, finely diced
2 cloves of garlic, crushed
2oz of lardons or bacon bits
2 oz of butter
2 oz of fresh white breadcrumbs
1 tablespoon of fresh parsley, chopped
Salt and pepper

Method:

Melt ½ the butter in a pan and fry the onion, garlic and bacon until softened and browned. Remove the mushroom stalks, chop and add to the pan. Stir in the breadcrumbs, seasoning and parsley. Lay the mushrooms in an ovenproof dish and fill with stuffing. Dot with the remaining butter. Bake at 160 C for 20 minutes. Serve 1-2 per person.



Stuffed Fillet of Pork

Ingredients:

- 1 ½ lb of pork fillet
- 2 spring onions
- 1 tablespoon of parsley, chopped
- 3 oz of breadcrumbs
- 4 fresh apricots
- 1 ½ oz of Boursin cheese
- Salt and pepper
- 6 oz of Parma ham

Method:

Chop the onions and apricots, and mix with the herbs, breadcrumbs, Boursin cheese and seasoning.

Cut a slit along the length of the fillet and stuff with the mixture before wrapping the fillet in the Parma ham to hold the stuffing in. Place on a wire rack over the roasting/grill pan and roast at 170 C for 35 – 45 minutes, until the meat juices run clear. Serve with seasonal vegetables and apricot salsa.

Apricot Salsa

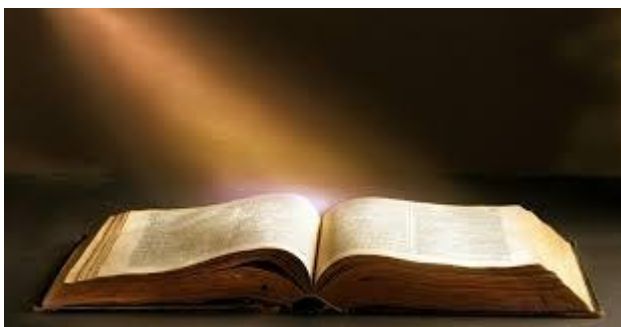
Ingredients:

- 6 apricots, chopped
- 1 red onion, finely chopped
- 1 small chilli pepper, finely chopped
- Zest and juice of 1 orange
- ¼ teaspoon of salt and pepper
- 1 tablespoon of parsley, chopped
- 1-2 tablespoon of oil

Method:

Mix all the ingredients together and allow to stand for at least an hour to develop the flavour. Serve with the pork.

BIBLE TALK



Sent by Peter Smith

No more shall every man teach his neighbour, and every man his brother, saying, 'Know the Lord', for they all shall know me, from the least of them to the greatest of them, says the Lord. For I will

forgive their iniquity, and their sin I will remember no more.
Jeremiah 31:34 (NKJV). Also, Hebrews 8:11,12.

Wonderful words, and from them the question: What does it mean to know the Lord, to know Jesus?

Two elements of knowing Jesus come to mind: Friendship and Empathy.

FRIENDSHIP

"I have called you friends," (Jn 15:15). Because Jesus is our friend, we talk to him through the day. We thank him for what we have. We say sorry to him if we do something wrong. And we ask for his help when problems come - while knowing that troubles are part of life, and that they make us better, stronger people.

EMPATHY

We are making progress when the things that please or upset us are the same as those that in the gospels pleased and upset Jesus.

This is why it is **VITAL** to read and reread the gospels over and over again. And we need a Bible that translates accurately what Jesus (and the apostles) said: NOT one that sometimes paraphrases (rewrites) their words. The only modern translations I know of that stick rigidly to the Greek are the NKJV and NASB.

I would say also that it is best NOT to read alongside bible notes - just read the text and trust your own insight.

We soon see that over and over again Jesus praised people for their faith, and rebuked them for lack of faith. He spoke against riches, and thinking oneself better than other people, but he never condemned abortion or homosexuality. And there is much else besides.

ANOTHER FUN QUIZ FROM THE HORSE'S MOUTH



Questions:

- (1) What is the currency of Ecuador?
- (2) Who was West Germany's first Chancellor?
- (3) Where was J.F. Kennedy assassinated?
- (4) Where is Pearl Harbour located?
- (5) What were the 'Black and Tans'?
- (6) Who was the Nordic god of thunder?
- (7) Which actress famously said "Come up and see me sometime"?
- (8) What is French for 'bow tie'?
- (9) In which American state is Mount McKinley?
- (10) Who invented the 'bouncing bomb'?
- (11) Where were the first modern Olympic Games held in 1896?
- (12) How would you describe 'egotism'?
- (13) What is Spanish for 'toilet'?

- (14) How many works of art are in a tetralogy?
- (15) To whom was the actor Paul Newman married when he died?
- (16) What disaster happened in London in 1666?
- (17) What country is 'Quito' the capital of?
- (18) Who wrote the novel 'Crime and Punishment'?
- (19) Whose work is the T.V. series 'All Creatures Great and Small' based on?
- (20) What is meant by 'innuendo'?

Answers:

(1) United States Dollar (2) Konrad Adenauer (3) Dallas, Texas, United States (4) On the island of Oahu, Hawaii, West of Honolulu (5) Constables recruited into the Royal Irish Constabulary during the Irish War of Independence (6) Thor (7) Mae West (8) Noeud papillon (9) Alaska (10) Barnes Wallis (11) Athens (12) Being excessively conceited or absorbed in oneself (13) Inodoro (14) 4 (15) Joanne Woodward (16) The Great Fire of London (17) Ecuador (18) Fyodor Dostoevsky (19) James Herriot (20) An allusive or oblique remark or hint, typically a suggestive or disparaging one

Editor's Last Word: Thank you so much for taking the time and the trouble to read this magazine. If you want to contact us, you can do so at: dean@fthm.org.uk
Please note our website address is: www.fromthehorsesmouth.org.uk
Best wishes from Dean, Brenda, Robert and Graham.